

**51%** of Non-Thrivers say their *inner critic* holds them back from thriving at work

Tired of your inner critic getting in your way of success? Quick tip - if you name and draw a picture of your inner “critter”, it begins to separate that voice from ALL of you. It then frees the other part of you to take thriving action...you know, the bigger, more powerful, rock star YOU.

Let's get drawing...

name:

